Bismillah-ir-Rahman-ir-Rahiiiim
In the name of Allah, the Beneficent, the Merciful

001 Al-Fathia

1) Bismillah-ir-Rahman-ir-Rahiiiim
In the name of Allah, the Beneficent, the Merciful.
2) Alhamdu lillah-i rabbil 'alamiiiin
Praise be to Allah, Lord of the Worlds,
3) Ar-rahman-ir-rahiiiim
The Beneficent, the Merciful.
4)Maliki yawmidiiiin
Master of the Day of Judgment,
5) Iyyaka na´budu wa iyyaka nastaíiiin
Thee (alone) we worship; Thee (alone) we ask for help.
6) Ihdinas saratal Mustaqiiiim
Show us the straight path,
7) Siratal-ladhina anámta álaihim, Gharil maghdubi-álaihim wa laaddaaaaaaliiiin. (Amiiiin.)
The path of those whom Thou hast favoured; Not the (path) of those who earn Thine anger nor of those who go astray.

Sura Baqarah 2:255
Ayat Al- Kursiyyu

Bismillah-ir-Rahman-ir-Rahim

Allaho - laaa 'ilaaha - 'illaa Hoalhaju(l). Qajoom.
Laa taá-kho-thoho sinaton wa laa nawm.
Laho maafis - samaawaati wa - maa fil-'ard.
Man-thal-lathii jaschfaó aindaho 'illaa bi-'ithnih?

Ja'lamo maa bejna 'ajdiihim wa maa khalfahom.
Wa laa jo-hiitoona bischaj-'in min'áilmihiii 'illaa bimaaschaaaaa'.

Wasi-á Kursijjohoho(s)-Samaawaati wal-ard;
Walaa ja-óodoho hifthohomaa wa – Howa(l)-'Alijjo(l)-Athiim.

255. Allah! There is no deity save Him, the Alive, the Eternal. Neither slumber nor sleep overtaketh Him. Unto Him belongeth whatsoever is in the heavens and whatsoever is in the earth. Who is he that intercedeth with Him save by His leave? He knoweth that which is in front of them and that which is behind them, while they encompass nothing of His knowledge save what He will. His throne includeth the heavens and the earth, and He is never weary of preserving them. He is the Sublime, the Tremendous.

Al-Dhariyat 51:56

(The real answer to the question ”Why we live?”)

Wa ma khalaqtul Jinna – insa illa liy a-buduun.

" *I created the jinn and humankind only that they might worship Me.* " (Al-Dhariyat sura nr 51:56).

Sura Al – An’am 6:161-163

Bismillah-ir-Rahman-ir-Rahim

161
Qul innanii hadaanii Rabbiii ’ilaa Siraatim – Mustaqiim, Diinan – Qajmam – Millata Ibrahima haniifaa, wa ma kaana minal – mushrikiin.

161 Say: Lo! As for me, my Lord hath guided me unto a straight path, a right religion, the community of Abraham, the upright, who was no idolater.

162
Qul inna Salaatii wa nusukii wa mah – yaaya wa mamaatii lillaahi Rabbil – aalamin.

162 Say: Lo! my worship and my sacrifice and my living and my dying are for Allah, Lord of the Worlds.

163
laa shariika - lah: wa bi – thaa lika omirto wa ’ana aw - walul – Muslimiin.

163 He hath no partner. This am I commanded, and I am first of those who surrender (unto Him).

94 Al-Inshira

Bismillah-ir-Rahman-ir-Rahim

1. ’Alam nashrah laka sadrak?
2. Wa wada’-naa anka wizrak
3. Allathi ankada tharak
4. Wa-rafanaa laka thickrack
5. Fa-’inna ma al-usri yusraa;
6. Inna ma al- usri yusraa
7. Fa-ithaafaraghta fansab
8. Wa ilaa Rabbika farghab

1. Have We not caused thy bosom to dilate,
2. And eased thee of the burden,
3. Which weighed down thy back?
4. And exalted thy fame?
5. But lo! with hardship goeth ease,
6. Lo! with hardship goeth ease;
7. So when thou art relieved, still toil
8. And strive to please thy Lord.

95 At-Teen (Fikonträdet)

Bismillah-ir-Rahman-ir-Rahim

1. Wa teeni wa zaytoon
2. Watoori seeneen
3. Wahatha albaladi al-ameeen
4. Laqad khalaqna al-insana fee ahsani taqweeem
5. Thumma radadnahu asfala safileeen
6. Illa allatheenaamanoo wa Aamiloo salihhati falahum ajrun ghayru mamnooon
7. Fama yukaththibuka baadu bi deen
8. Alaysa Allahu bi-ahakami alhakiimeeen.

1 By the fig and the olive,*
2 By Toor (Mount Sinai),
3 And by this land made safe;**,

4 Surely We created man of the best stature,

5 Then we reduced him to the lowest of the low,

6 Save those who believe and do good works, and theirs is a reward unfailing.

7 So who henceforth will give the lie to thee about the judgment?

8 Is not Allah the most conclusive of all judges?

*Palestine, Jordanien and entire Shaam aera.
**Mecka

96 Al-Alaq

Bismillah-ir-Rahman-ir-Rahim .

1. Iqra bismi rab bikal lazee khalaq
2. Khalaqal insaana min 'alaq
3. Iqra wa rab bukal akram
4. Al lazee 'allama bil qalam
5. 'Al lamal insaana ma lam y'alam
6. Kallaa innal insaana layatghaa
7. Ar-ra aahus taghnaa
8. Innna ilaa rabbikar ruj'aa
9. Ara-aital lazee yanhaa
10. 'Abdan iza sallaa
11. Ara-aita in kana 'alal hudaa

12. Au amara bit taqwaa
13. Ara-aita in kaz zaba wa ta walla

14. Alam y'alam bi-an nal lahaa yaraa

15. Kalla la illam yantahi la nasfa'am bin nasiyah
16. Nasiyatin kazi batin khaatiyah
17. Fal yad'u naadiyah
18. Sanad 'uz zabaaniyah

19. Kalla; la tuti'hu wasjud waqtarib

(Saidah)

1. Read: In the name of thy Lord Who createth,
2. Createth man from a clot.
3. Read: And thy Lord is the Most Bounteous,.
4. Who teacheth by the pen,,
5. Teacheth man that which he knew not.
6. Nay, but verily man is rebellious
7. That he thinketh himself independent!
8. Lo! unto thy Lord is the return..
9. Hast thou seen him who dissuadeth
10. A slave when he prayeth?
11. Hast thou seen if he relieth on the guidance (of Allah),
12. Or enjoineth taqwah (piety)?.
13. Hast thou seen if he denieth (Allah's guidance) and is froward??
14. Is he then unaware that Allah seeth??
15. Nay, but if he cease not We will seize him by the forelock –
16. The lying, sinful forelock –
17. Then let him call upon his henchmen!.
18. We will call the guards of hell.
19. Nay, Obey not thou him. But prostrate thyself, and draw near (unto Allah).

S (make saidah on your knees once)

97 Al-Qadr

Bismillah-ir-Rahman-ir-Rahim

1. *Inaaa' anzalnaahu fii Laylatil-Qadr;*
2. *Wa maaa 'adraaka ma Laylatul-Qadr?*
3. *Laylatul-Qadri khayrum-min 'alfi Shahr.*
4. *Tanazzalul-malaaa-ikatu war-Ruuhu fiiha bi-ithni-Rabbihim min kulli 'amr;*
5. *Salaamun Hiaya hattaa matla-'il-Fadjr!*

1. Lo! We revealed it on the Night of Predestination.
2. Ah, what will convey unto thee what the Night of Power is!?
3. The Night of Power is better than a thousand months.
4. The angels and the Spirit descend therein, by the permission of their Lord, with all decrees.

5. (The night is) Peace until the rising of the dawn.

98 Al-Bayyinah

Bismillah-ir-Rahman-ir-Rahim

98:1 Lam ya kunil lazeena kafaru min ahlil kitaabi wal mushri keena mun fak keena hattaa ta-tiya humul bayyinah	[98:1] Those who disbelieve among the People of the Scripture and the idolaters could not have left off (erring) till the clear proof came unto them,
98:2 Rasoolum minal laahi yatlu suhufam mutahharah	[98:2] A messenger from Allah, reading purified pages
98:3 Feeha kutubun qaiyimah	[98:3] Containing correct scriptures..
98:4 Wa maa tafarraqal lazeena ootul kitaaba il-la mim b'adi ma jaa-at humul baiyyinah	[98:4 Nor were the People of the Scripture divided until after the clear proof came unto them..
98:5 Wa maa umiroo il-la liy'abu dul laaha mukhliseena lahud-deena huna faa-a wa yuqeemus salaahta wa yu-tuz zakaata; wa zaalika deenul qaiyimah	[98:5] And they are ordered naught else than to serve Allah, keeping religion pure for Him, as men by nature upright, and to establish worship and to pay the poor-due. That is true religion.
98:6 Innal lazeena kafaru min ahlil kitaabi wal mushri keena fee nari jahan nama khaali deena feeha; ulaa-ika hum shar rul ba reeyah	[98:6] Lo! those who disbelieve, among the People of the Scripture and the idolaters, will abide in fire of hell. They are the worst of created beings..
98:7 Innal lazeena aamanu wa 'amilus saalihaati ula-ika hum khairul bareey yah	[98:7] (And) lo! those who believe and do good works are the best of created beings..
98:8 Jazaa-uhum inda rabbihim jan naatu 'adnin tajree min tahtihal an haaru khalideena feeha abada; radiy-yallaahu 'anhum wa ra du 'an zaalika liman khashiya rabbah.	[98:8] Their reward is with their Lord: Gardens of Eden underneath which rivers flow, wherein they dwell for ever. Allah hath pleasure in them and they have pleasure in Him. This is (in store) for him who feareth his Lord.

99 Al-Zalzalah

Bismillaah-ir Rahmaanir Raheem

99.1	Ithaa zul zilatil ardu zil-zaalaha	99.1 When Earth is shaken with her (final) earthquake
99.2	Wa a**kh** rajati al ardu a**th**-qaalaha	99.2 And Earth yieldeth up her burdens,
99.3	Wa qaal -al insaanu ma laha	99.3 And man saith: What aileth her?
99.4	Yawmaa i**th**in tuhaddithu a**kh**baaraha	99.4 That day she will relate her chronicles,
99.5	Bi-anna rabbaka awhaa laha	99.5 Because thy Lord inspireth her.
99.6	Yawma i**th**iy yas durun-naasu a**sh**-tatan liyuraw a'maalahum	99.6 That day mankind will issue forth in scattered groups to be shown their deeds..
99.7	Famaiy-ya'mal mi**th**qala **th**arratin **kh**ai-raiy-yarah	99.7 And whoso doeth good an atom's weight will see it then,
99.8	Wa maiy-y'amal mi**th**qala **th**arratin **sh**arraiy-yarah	99.8 And whoso doeth ill an atom's weight will see it then.

100 Al-Àdiyat (Stridshästarna)

Bismillaah-ir Rahmaanir Raheem

100:1 Wal'aadi yaati dabha	[100:1] By the snorting courses,
100:2 Fal moori yaati qadha	[100:2] Striking sparks of fire
100:3 Fal mu**gh**eeraati subha	[100:3] And scouring to the raid at dawn,
100:4 Fa a**th**arna bihee naq'a	[100:4] Then, therewith, with their trail of dust,
100:5 Fawa satna bihee jam'a	[100:5] Cleaving, as one, the centre (of the foe),
100:6 Innal-insana lirabbihee lakanood	[100:6] Lo! man is an ingrate unto his Lord
100:7 Wa innahu 'alaa thaalika la shaheed	[100:7] And lo! he is a witness unto that;
100:8 Wa innahu lihubbil **kh**airi la shadeed	[100:8] And lo! in the love of wealth he is violent.
100:9 Afala ya'lamu itha b'u**th**ira ma filquboor	[100:9] Knoweth he not that, when the contents of the graves are poured forth
100:10 Wa hussila maa fis sudoor	[100:10] And the secrets of the breasts are made known,
100:11 Inna rabbahum bihim yauma 'ithil la **kh**abeer	[100:11] On that day will their Lord be perfectly informed concerning them..

101 A-Qariah

Bismillaah-ir Rahmaan-ir Rahiim

1.Al-Qāri`ah	1 The Calamity!
2.Mā Al-Qāri`ah	2 What is the Calamity?
3.Wa Mā 'Adrāka maal-Qāri`ah?	3 Ah, what will convey unto thee what the Calamity is!
4.Yawma Yakounun-naasu Kal-farāshil mabthuuth	4 A day wherein mankind will be as thickly-scattered moths
5.Wa Takuunul-jibālu kal-ihnil-manfuush	5 And the mountains will become as carded wool.
6.Fa'ammaa man thaqulat mawaaziinuhuu	6 Then, as for him whose scales are heavy (with good works),
7.Fahowa Fii `lishatir Rāđiyah	7 He will live a pleasant life.
8.Wa 'Ammā Man Khaffat mawaaziinuhoo	8 But as for him whose scales are light,
9.Fa'ommoho Haawiyah	9 A bereft and Hungry One will be his mother,
10. Wa Maa 'Adrāka Maaa hiyah?	10 Ah, what will convey unto thee what she is! -
11. Naarun Ĥaamiyah	11 Raging Fire.

102 At-Takathur

Bismillaah-ir Rahmaan-ir Raheem

[102:1] 'Alhākumu At-Takāthuru	[102:1] Rivalry in worldly increase distracteth you
[102:2] Ĥattá Zurtumu Al-Maqābir(a)	[102:2] Until ye come to the graves.
[102:3] Kallā Sawfa Ta`lamūn(a)	[102:3] Nay, but ye will come to know!
[102:4] Thumma Kallā Sawfa Ta`lamūn(a)	[102:4] Nay, but ye will come to know!
[102:5] Kallā Law Ta`lamūna `Ilma Al-Yaqīn(i)	[102:5] Nay, would that ye knew (now) with a sure knowledge!
[102:6] Latarawunna Al-Jaĥīm(a)	[102:6] For ye will behold hell-fire.
[102:7] Thumma Latarawunnahā `Ayna Al-Yaqīn(i)	[102:7] Aye, ye will behold it with sure vision.
[102:8] Thumma Latus'alunna Yawma'idhin `Ani An-Na`īm(i)	[102:8] Then, on that day, ye will be asked concerning pleasure.

103 Al-Asr, (Den flyende tiden)

Bismillah-ir-Rahman-ir-Rahim

1. Wal-'ASRI,	1. By the declining day,
2. 'Innal-'Insaana lafii khusr,	2. Lo! man is a state of loss,
3. 'Illallathiina 'aamanuu wa 'amilus-saalihaati wa tawaasaw bil-Haqqi wa tawaasaw bis-Sabr.	3 Save those who believe and do good works, and exhort one another to truth and exhort one another to endurance.

104 Al-Humazah. (Baktalaren)

Bismillah-ir-Rahman-ir-Rahim

1. Wajlul-likulli Humazatil-lumazah	1 Woe unto every slandering traducer,
2. Allathi jama-'a maalanw-wa'addadah	2 Who hath gathered wealth and arranged it.
3. Yahsabu 'anna maalahuuu 'akhladah	3. He thinketh that his wealth will render him immortal.
4. Kallaa la-yumbathanna fil-Hutamah	4. Nay, but verily he will be flung to the Consuming One.
5. Wa maaa 'adraaka mal-Hutama?	5. Ah, what will convey unto thee what the Consuming One is!
6. Naarulaahil-muuqadah,	6. (It is) the fire of Allah, kindled,
7. Allatii tattli-'u 'alal-'af-'idah	7. Which leapeth up over the hearts (of men).
8. Innahaa 'alayhim-mu'-sadah	8. Lo! it is closed in on them
9. Fii 'amadim-mumaddadah	9. In outstretched columns.

105 Al-Fil (Elefanten)

Bismillah-ir-Rahman-ir-Rahim

1. *Alam tara kaifa fa'ala rabbuka bi ashabil fil.*
2. *Alam yaj'al kaidahum fi tadlil.*
3. *Wa arsala 'alaihim tairán abábil.*
4. *Tarmihim bihijáratin min sijjiil*
5. *Fa ja 'alahum ka'asfin ma'kul*.

1. Hast thou not seen how thy Lord dealt with the owners of the Elephant?
2. Did He not bring their stratagem to naught,
3. Did He not bring their stratagem to naught,
4. Which pelted them with stones of baked clay,
5. And made them like green crops devoured?

106 Al-Quraish

Bismillah-ir-Rahman-ir-Rahim

1.Li ilaafi quraish
2.Ilafi him rih-latashitaa'i wass-saif

3.Faly'abudu rabba haadhal bait.
4. *Alladhi 'at'amahum min ju'inw,*
wa aamanahum min khawf.

1. For the taming of Qureysh.
2. For their taming (We cause) the caravans to set forth in winter and summer.
3. So let them worship the Lord of this House,
4. Who hath fed them against hunger and hath made them safe from fear.

107 Al-Ma'un (Den minsta hjälp)

Bismillah-ir-Rahman-ir-Rahim

1.Ara'ital ladhi yukadh-dhibu biddin.
2.Fadhalikal ladhi yadu'ul yatim.
3.Wa layahuddu 'alá ta'ámil miskin.
4.Fawailul lil musallin.
5.Alladhina hum 'an salátihim sáhoon
6.Alladhina hum yurá'wun
7.wayamna'unal má'un.

1. Hast thou observed him who belieth religion?
2. That is he who repelleth the orphan,
3. And urgeth not the feeding of the needy.
4. Ah, woe unto worshippers,
5. Who are heedless of their prayer;
6. Who would be seen (at worship),
7. Yet refuse small kindnesses!

108 Al-Kawthar

Bismillah-ir-Rahman-ir-Rahim

1.Innaaa a'tainakal kawthar
2.Fasalli lirabbika wanharr.
3.Inna shani'aka hoowál abtar

1. Lo! We have given thee Abundance;;
2. So pray unto thy Lord, and sacrifice.
3. Lo! it is thy insulter who is without posterity.

109 Al-Kafirun

Bismillah-ir-Rahman-ir-Rahim

1.Qul yá ayyuhál káfirun.
2.Lá a'budu má ta'budoun.
3.Wa lá antum 'abiduna má a'bud
4.Wa lá aná 'abidum má'abadtum.
5.Wa lá antum 'abiduna má a'bud
6.La kum dinukum walia din.

1. Say: O disbelievers!
2. I worship not that which ye worship;
3. Nor worship ye that which I worship.
4. And I shall not worship that which ye worship.
5. Nor will ye worship that which I worship.
6. Unto you your religion, and unto me my religion.

110 An-Nasr

Bismillah-ir-Rahman-ir-Rahim

1. *Idhá jaa' -nasrullahi walfath.*
2. *Wa ra aitannása yad khulouna fi diinillahi afwája.*
3. *Fasabbih bihamdi rabbika wastaghfirhu,Innahu kána tawwába.*

1. When Allah's succour and the triumph cometh
2. And thou seest mankind entering the religion of Allah in troops,
3. Then hymn the praises of thy Lord, and seek forgiveness of Him. Lo! He is ever ready to show mercy.

111 Al-Lahab

Bismillah-ir-Rahman-ir-Rahim

1.Tabbat yadá abi Lahabin wa tabb.
2.Ma agná 'anhu maluhu wa má kasab.
3.Sayaslá naran dháta lahab.
4.Wámrátuhu hammá latal hatab.
5. *Fi jidihá hablum mim masad.*

1. The power of Abu Lahab will perish, and he will perish.
2. His wealth and gains will not exempt him.
3. He will be plunged in flaming Fire,
4. And his wife, the wood-carrier,
5. Will have upon her neck a halter of palm-fibre.

112 Al-Ikhlas

Bismillah-ir-Rahman-ir-Rahim

1. *Qul huwallahu ahad*
2. *Allahus samad*
3. *Lam yalid wa lam yulad*
4. *Wa lam yakul lahu kufuwan ahad*

1. Say: He is Allah, the One!
2. Allah, the eternally Besought of all!
3. He begetteth not nor was begotten.
4. And there is none comparable unto Him.

113 Al-Falaq

Bismillah-ir-Rahman-ir-Rahim

1. *Qul a'outho birabbil falaq.*
2. *Min sharri ma khalaq*
3. *Wa min ghaasiqin idha waqab.*
4. *Wa min sharrin naffaathaati fill 'uqad.*
5. *Wa min sharri hasadin idha hasad.*

1. Say: I seek refuge in the Lord of the Daybreak
2. From the evil of that which He created;
3. From the evil of the darkness when it is intense,
4. And from the evil of malignant witchcraft,
5. And from the evil of the envier when he envieth.

114 An-Nas

Bismillah-ir-Rahman-ir-Rahim

1. *Qul a'outho birabbin naas*
2. *Malikin naas.*
3. *Ilahin naas.*
4. *Min sharril waswasil khannás*
5. *Allathi yuwaswisu fi sudourinnas*
6. *Minal jinnati wannaas*

1. Say: I seek refuge in the Lord of mankind,
2. The King of mankind,
3. The God of mankind,
4. From the evil of the sneaking whisperer,
5. Who whispereth in the hearts of mankind,
6. Of the jinn and of mankind.